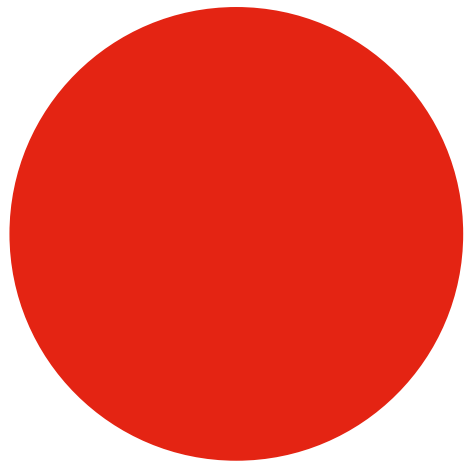




***START***



**SIT**  
**LEAVE DOG**



## ***46. SIT - LEAVE DOG - ANGLED RECALL - FINISH RIGHT OR LEFT.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed 3 metres away and set 2 metres to either the right or left of sign A so that the dog is coming from an angle. At the second sign the handler turns and recalls the dog to the front position. The dog must come in at an angle and sit in the front position. The handler then cues the dog to Finish either Right or Left.

This is a static exercise.



**ANGLED  
RECALL**

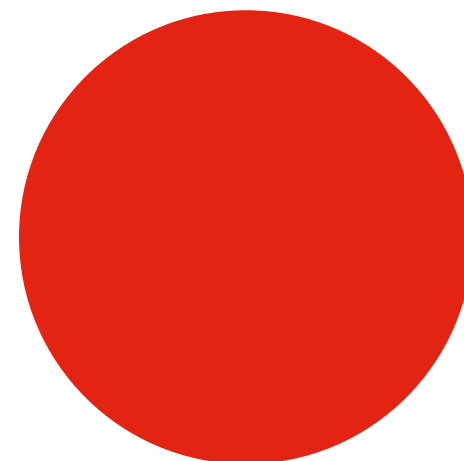
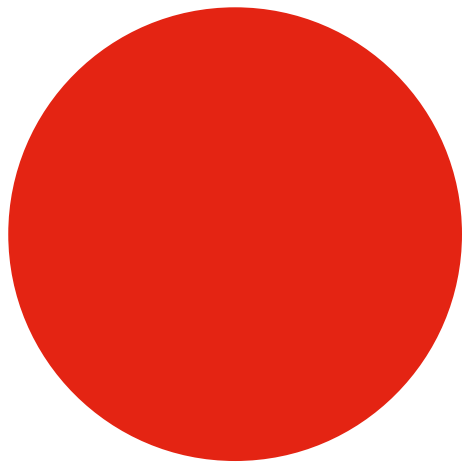
**FINISH R / L**



## ***46. SIT - LEAVE DOG - ANGLED RECALL - FINISH RIGHT OR LEFT.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed 3 metres away and set 2 metres to either the right or left of sign A so that the dog is coming from an angle. At the second sign the handler turns and recalls the dog to the front position. The dog must come in at an angle and sit in the front position. The handler then cues the dog to Finish either Right or Left.

This is a static exercise.



**180° PIVOT  
RIGHT**

## ***47. SIT - 180 DEGREE PIVOT RIGHT - SIT.***

The handler and dog stop with the dog sitting at heel, the handler pivots 180 degrees to his/her right and stops. The dog moves with the handler and resumes a sit in the heel position when the handler stops. The handler then cues the dog to heel and moves forward.

This is a static exercise.



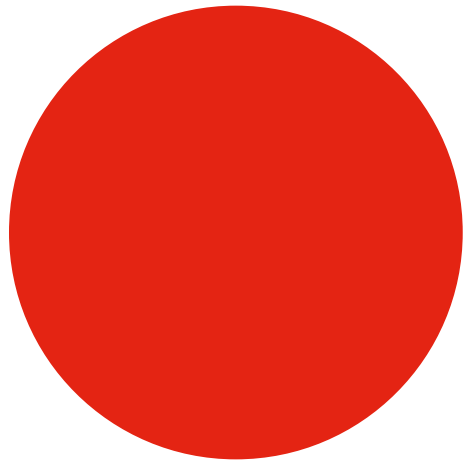


**180° PIVOT  
LEFT**

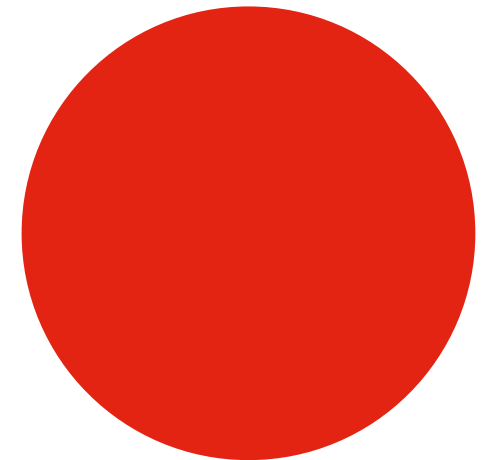
#### ***48. SIT - 180 DEGREE PIVOT LEFT - SIT.***

The handler and dog stop with the dog sitting at heel, the handler pivots 180 degrees to his/her left and stops. The dog moves with the handler and resumes a sit in the heel position when the handler stops. The handler then cues the dog to heel and moves forward.

This is a static exercise.



# SIDE STEP RIGHT



## ***49. SIT - SIDE STEP RIGHT - SIT.***

The handler and dog stop with the dog sitting at heel. The handler takes one side step directly to his/her right with the right foot and the dog moves sideways with the handler as the handler's left foot moves to meet the right foot. The dog moves sideways to the right into the heel position and sits. The handler then cues the dog to heel and moves forward.

This is a static exercise.

NB: The sign should be placed in the handler's path so that the dog is in front of the sign as they stop to perform the exercise. After completion of the side step the dog/handler team pass with the sign on the handler's left.



**STAND**

**SEND  
AROUND**

**FORWARD**



## ***50. STAND - SEND AROUND - FORWARD.***

The handler and dog stop with the dog remaining in the stand, the dog does not sit. The handler then sends the dog clockwise around behind them as though in a right finish, as the dog returns to heel the handler and dog heel forward. The dog does not sit.

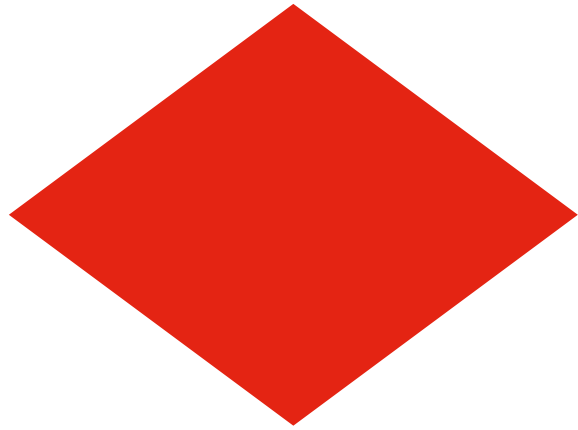
**MOVING  
SEND  
AROUND**



## ***51. MOVING SEND AROUND.***

Whilst heeling the handler sends the dog clockwise around behind them as though in a right finish, the handler may pause to allow the dog to regain the heel position, as the dog returns to heel the handler and dog heel forward. The dog does not sit. This should be a flowing movement.





STAND  
WALK  
AROUND

## ***52. STAND - WALK AROUND.***

The handler and dog stop and the handler cues the dog to remain standing. The dog does not sit first. The handler then walks around the dog anticlockwise and returns to heel position and the dog/handler team heels forward.

This is a static exercise.

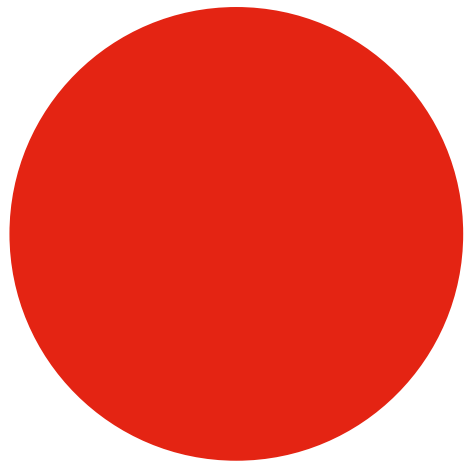


**DOWN  
WALK  
AROUND**

### **53. *DOWN - WALK AROUND.***

The handler and dog stop and the handler cues the dog to drop directly into a down position. The dog does not sit first. The handler then walks around the dog anticlockwise and returns to the heel position and the dog/handler team heels forward.

This is a static exercise.



**SIT**  
**LEAVE DOG**



## ***54. SIT - LEAVE DOG - DOWN ON RECALL.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed approximately 4.5 metres from sign A. The handler turns and faces the dog and recalls the dog. At any time during the recall, the handler cues the dog to down. Once the dog is down, the handler recalls the dog again. The dog must come and sit in the front position. The handler should ensure that they drop the dog leaving sufficient space for the second recall. The handler then cues the dog to Finish either Right or Left.

This is a static exercise.



**RECALL  
DOWN  
RECALL**

**FINISH R/L**

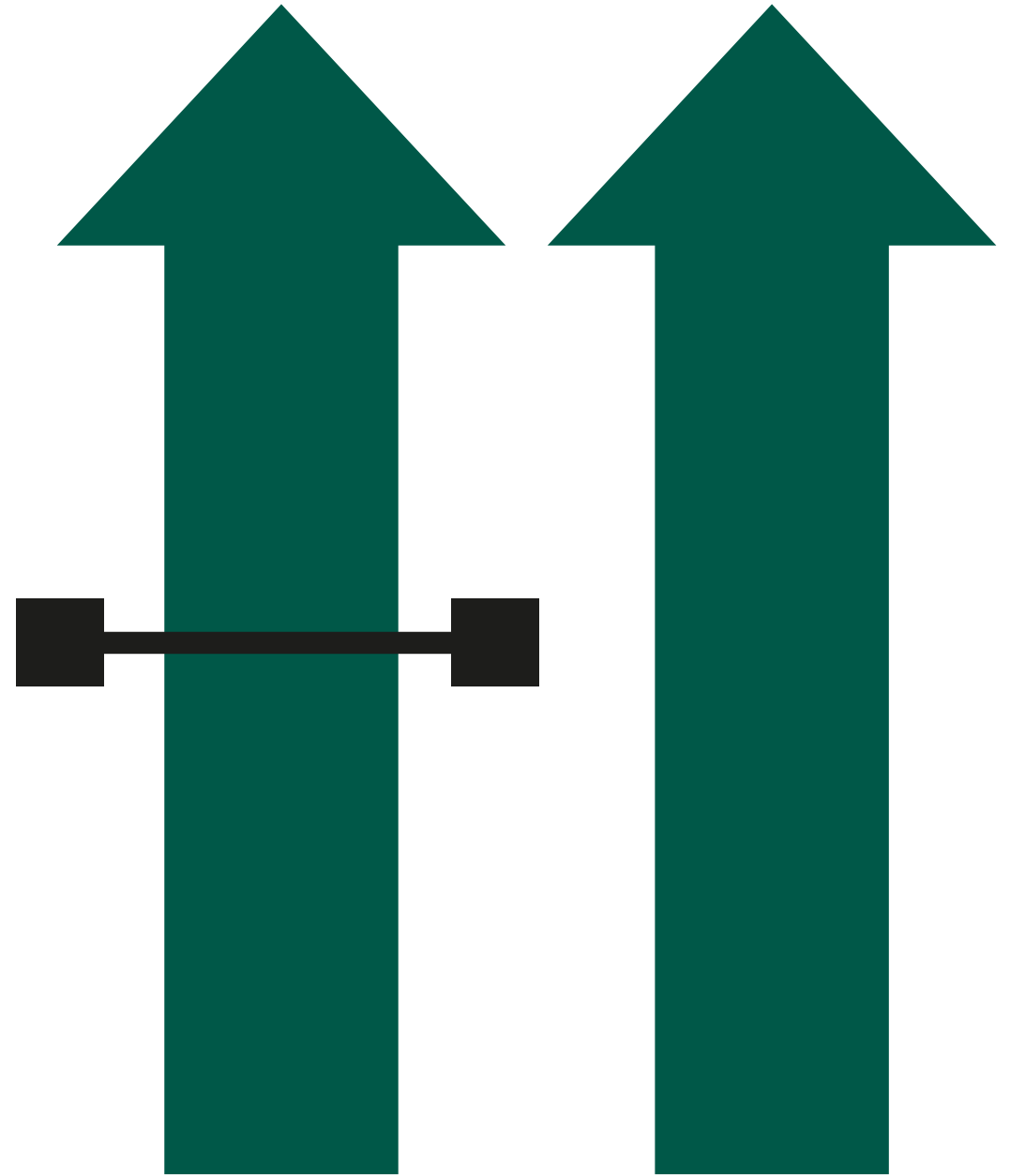
## ***54. SIT - LEAVE DOG - DOWN ON RECALL.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed approximately 4.5 metres from sign A. The handler turns and faces the dog and recalls the dog. At any time during the recall, the handler cues the dog to down. Once the dog is down, the handler recalls the dog again. The dog must come and sit in the front position. The handler should ensure that they drop the dog leaving sufficient space for the second recall. The handler then cues the dog to Finish either Right or Left.

This is a static exercise.

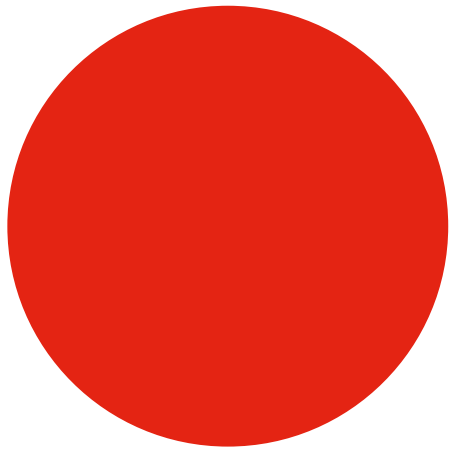


# RUN PAST JUMP

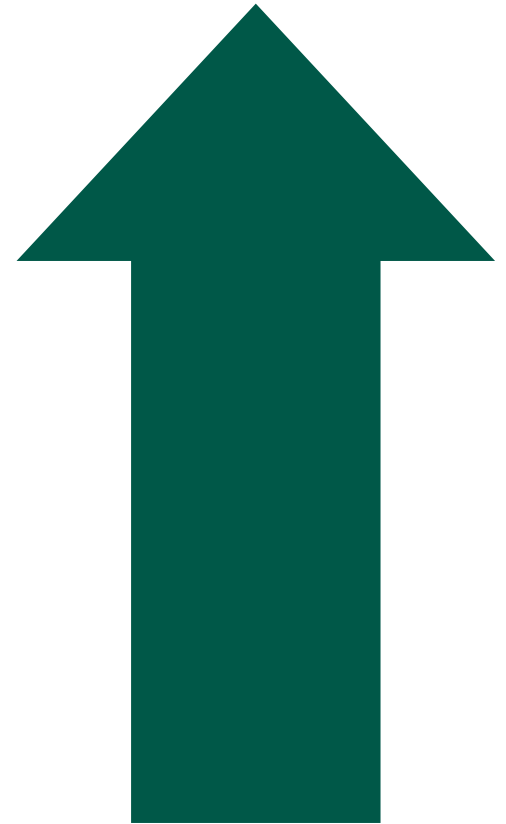


## ***55. RUN PAST JUMP.***

As the dog and handler team approach the sign the handler should quicken their pace to move briskly towards the jump which is 4 metres in front of and to the left of their path. The handler sends the dog over the jump as they pass alongside. When the dog has completed the jump, the handler calls the dog to the heel position and the dog/handler team return to their normal pace as they heel towards the next exercise approximately 4 metres ahead. If the dog is much faster than the handler, the dog may be called back to the handler without penalty.



**SIT**  
**LEAVE DOG**



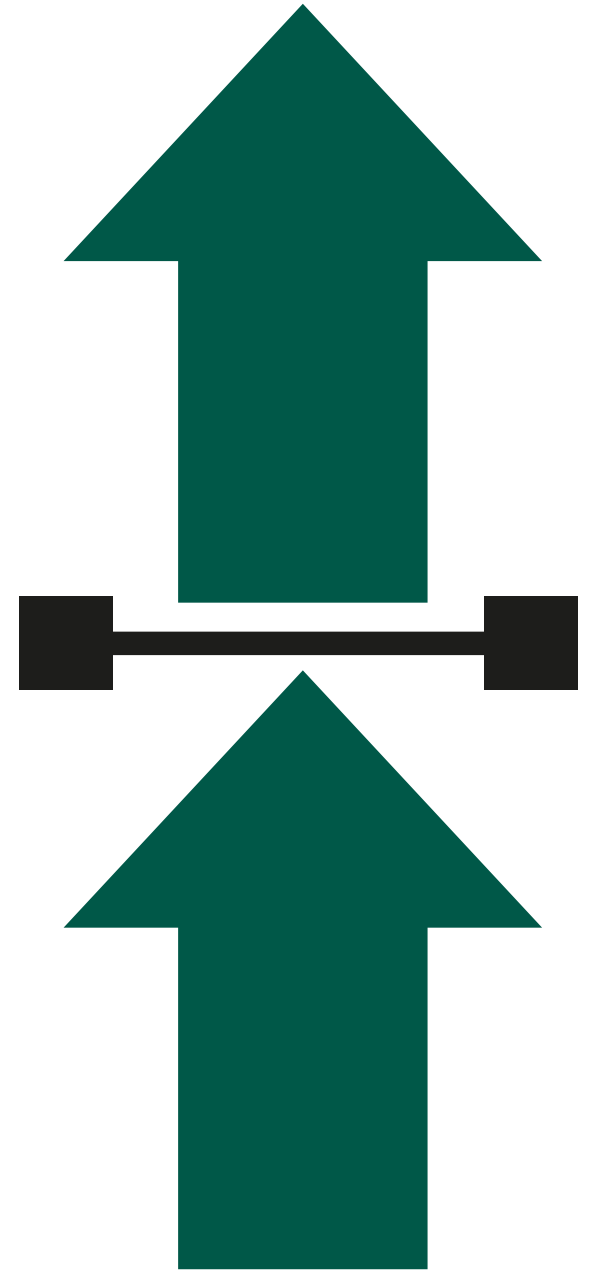
## ***56. SIT LEAVE DOG - RECALL OVER JUMP.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The jump must be approximately 4 metres from sign (A). The handler cues the dog to wait then walks to the second sign (B) which is approximately 4 metres away from the opposite side of the jump. The handler turns and faces the dog and recalls the dog. The dog must come over the jump and sit in front of the handler. The handler then cues the dog to Finish either Right or Left.

This is a static exercise.



**RECALL  
OVER JUMP  
FINISH R/L**



## **56. SIT LEAVE DOG - RECALL OVER JUMP.**

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The jump must be approximately 4 metres from sign (A). The handler cues the dog to wait then walks to the second sign (B) which is approximately 4 metres away from the opposite side of the jump. The handler turns and faces the dog and recalls the dog. The dog must come over the jump and sit in front of the handler. The handler then cues the dog to Finish either Right or Left.

This is a static exercise.

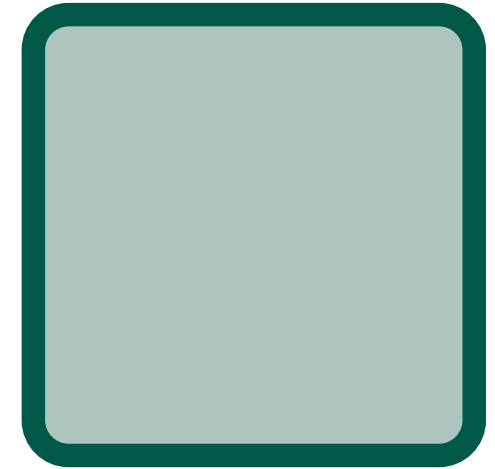


***FINISH***

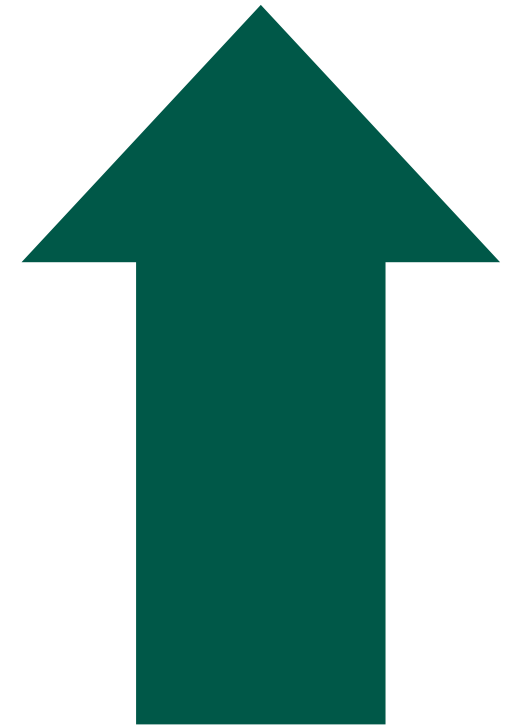
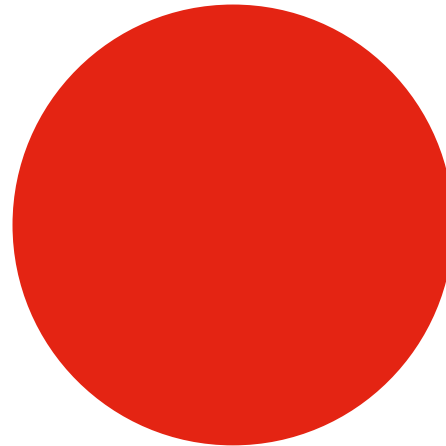




***BONUS***



**SEND  
TO MAT**



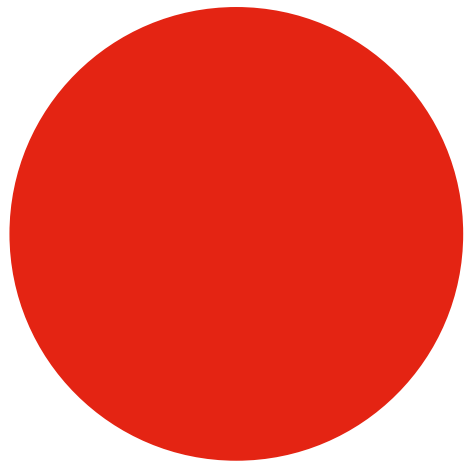
## ***BONUS EXERCISE 9.***

### ***SEND TO MAT.***

The handler's mat is placed into position by the judge or steward after the dog has passed the Finish sign, the handler should distract the dog whilst this is happening. Once the mat is in position the handler and dog team move towards the Bonus Sign and heel past it towards the Send To Mat sign where they stop with the dog sitting at the handler's side. The handler sends the dog forward to the mat which is 1.5 - 2 metres directly in front of them. When the dog reaches the mat, the handler can command the dog to sit or down. Once the dog is settled on the mat the handler walks toward the dog which remains in position until the handler reaches the dog's side, they do not need to walk past the dog first. The exercise is then complete.

The handler's mat should be between 30-75cm wide and 35-100cm long.

NB: A portion of the dog's body needs to be on the mat, it is not necessary for the dog to be centred on the mat.



**SIT**  
**LEAVE DOG**



## ***BONUS EXERCISE 10.***

### ***SIT - LEAVE DOG - TURN - STAND.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed 2 metres away. The handler turns and faces the dog and cues the dog to stand. The dog must achieve a stationary stand and may move no more than its own body length to achieve this. The exercise is completed once the dog is standing. The handler may then either recall or rejoin the dog.



# TURN STAND

## ***BONUS EXERCISE 10.***

### ***SIT - LEAVE DOG - TURN - STAND.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed 2 metres away. The handler turns and faces the dog and cues the dog to stand. The dog must achieve a stationary stand and may move no more than its own body length to achieve this. The exercise is completed once the dog is standing. The handler may then either recall or rejoin the dog.