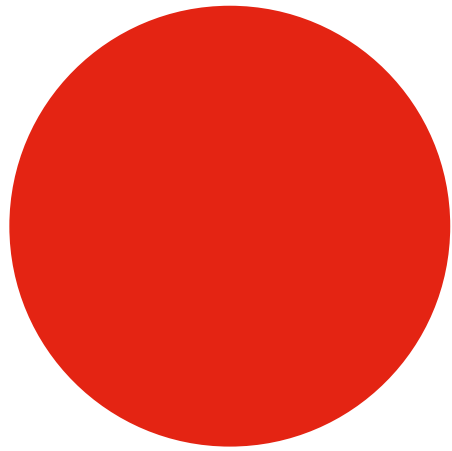




***START***



**SIT**  
**LEAVE DOG**



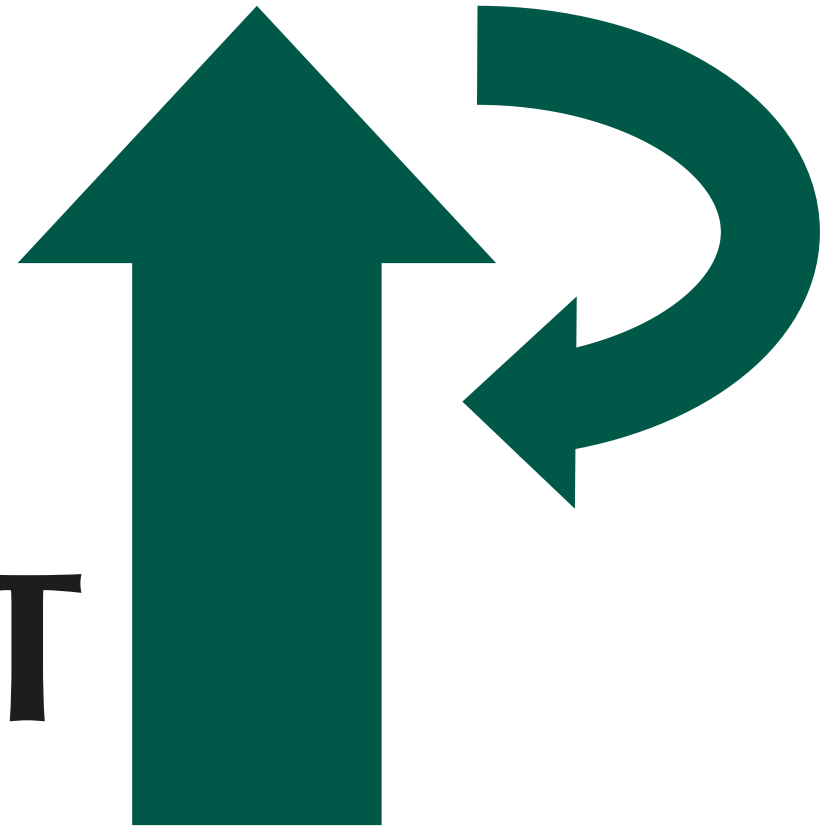
### ***36. SIT - LEAVE DOG - RECALL - FINISH RIGHT.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B), which is placed approximately 2 metres from sign A. The handler turns to face the dog, leaving ample room for the dog to complete a finish, the handler recalls the dog to the front position. With the dog sitting in front of the handler, the handler cues the dog to finish by moving from the front position to the handler's right, around behind the handler and finally sitting in the heel position. The handler then cues the dog to heel and moves forward.

This is a static exercise.



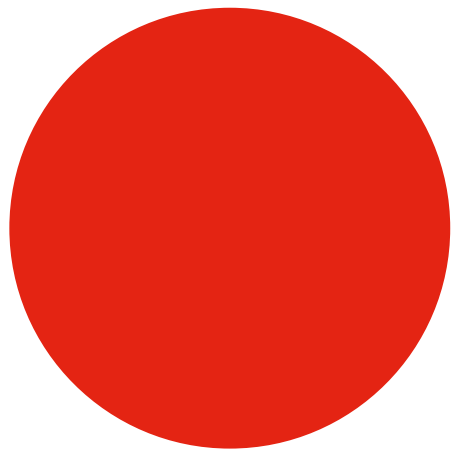
**TURN  
RECALL  
FINISH RIGHT**



### **36. SIT - LEAVE DOG - RECALL - FINISH RIGHT.**

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B), which is placed approximately 2 metres from sign A. The handler turns to face the dog, leaving ample room for the dog to complete a finish, the handler recalls the dog to the front position. With the dog sitting in front of the handler, the handler cues the dog to finish by moving from the front position to the handler's right, around behind the handler and finally sitting in the heel position. The handler then cues the dog to heel and moves forward.

This is a static exercise.



**SIT**  
**LEAVE DOG**

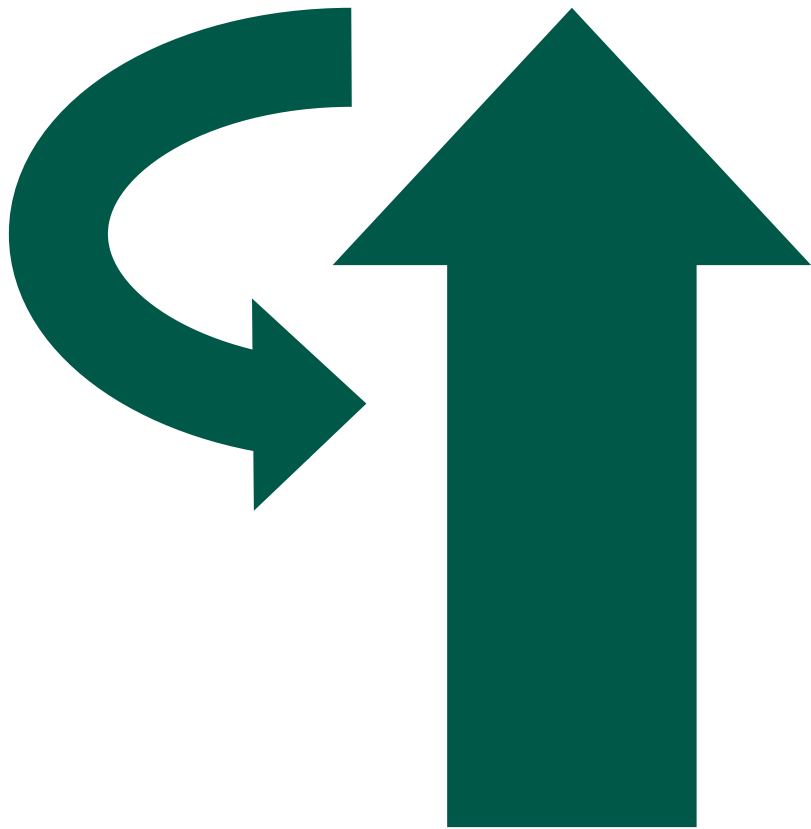


### ***37. SIT - LEAVE DOG - RECALL - FINISH LEFT.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B), which is placed approximately 2 metres from sign A. The handler turns to face the dog, leaving ample room for the dog to complete a finish, the handler recalls the dog to the front position. With the dog sitting in front of the handler, the handler cues the dog to finish, moving from the front position to the handler's left, and sitting in the heel position. The handler then cues the dog to heel and moves forward.

This is a static exercise.



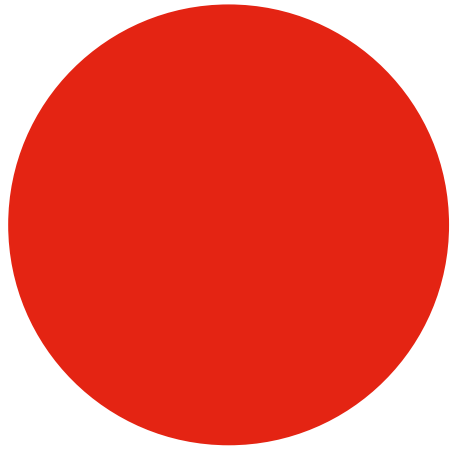


**TURN  
RECALL  
FINISH LEFT**

### ***37. SIT - LEAVE DOG - RECALL - FINISH LEFT.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B), which is placed approximately 2 metres from sign A. The handler turns to face the dog, leaving ample room for the dog to complete a finish, the handler recalls the dog to the front position. With the dog sitting in front of the handler, the handler cues the dog to finish, moving from the front position to the handler's left, and sitting in the heel position. The handler then cues the dog to heel and moves forward.

This is a static exercise.



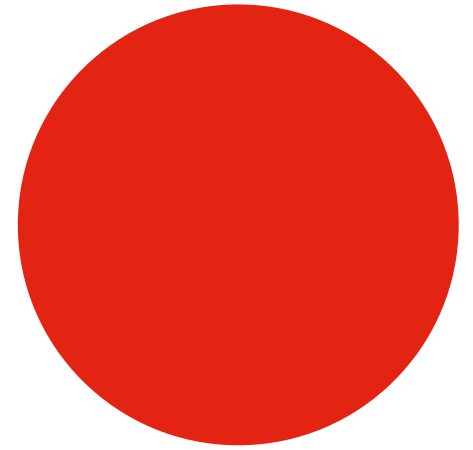
**SIT**

**ABOUT TURN RIGHT**

**FORWARD**

### ***38. SIT - ABOUT TURN RIGHT - FORWARD.***

The handler and dog stop with the dog sitting at heel. The handler cues the dog to heel, as they turn 180 degrees to his/her right, and immediately move forward with the dog in the heel position.



**SIT**

**ABOUT TURN LEFT**

**FORWARD**



### ***39. SIT - ABOUT TURN LEFT - FORWARD.***

The handler and dog stop with the dog sitting at heel. The handler cues the dog to move, as they turn 180 degrees to his/her left, and immediately move forward with the dog in the heel position.

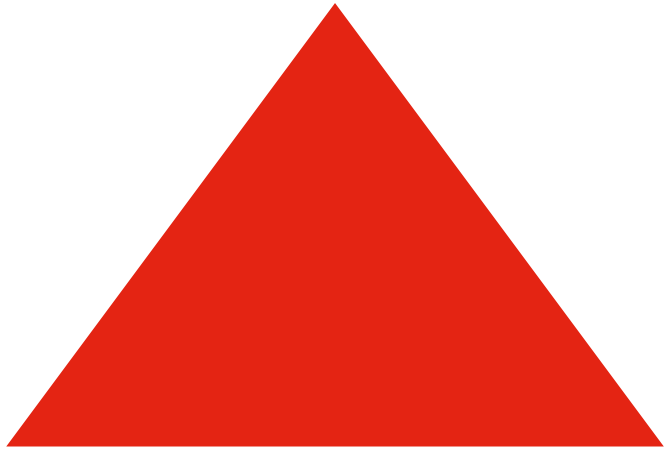


**LEFT ABOUT TURN**

## ***40. LEFT ABOUT TURN.***

While moving forward with the dog in the heel position, the handler does an about turn to his/her left, while the dog turns to the right, moving around the handler and back to the heel position to continue moving with the handler in the new (opposite) direction. That is, the dog and handler do “opposite” about turns and then come back together as a team.



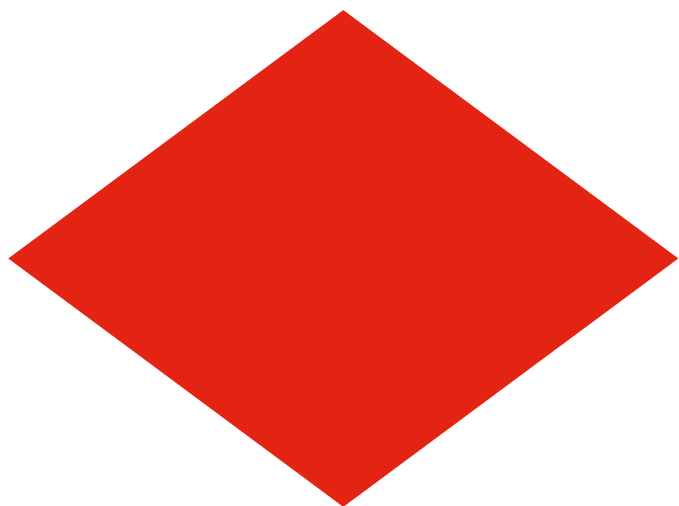


DOWN

## **41. DOWN.**

The handler and dog stop and the handler cues the dog to drop directly into a down position. The dog does not sit first. When the dog is down, the handler cues the dog to heel, and moves forward.

This is a static exercise.

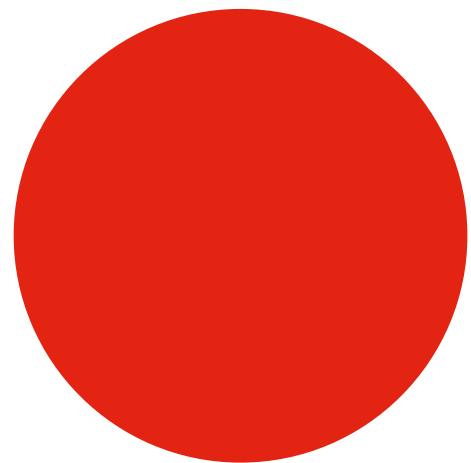


STAND

## **42. *STAND.***

The handler and dog stop and the handler cues the dog to remain standing. The dog does not sit first. Once the dog is established in a stand the handler cues the dog to heel, and moves forward. This exercise looks as though the handler & dog team pause without the dog sitting or moving out of position.

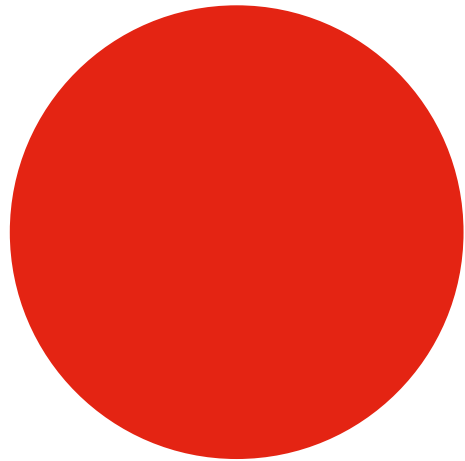
This is a static exercise.



**SIT  
FAST  
FORWARD**

### ***43. SIT - FAST FORWARD.***

The handler and dog stop with the dog sitting at heel. The handler cues the dog to heel and moves immediately into a fast pace from the sit. This exercise must be followed by Exercise 17 (Normal Pace), or it may be placed as the last exercise on the course, in which case the exercise and performance are concluded as the dog/handler team crosses the Finish Line. This exercise requires approximately 4 metres between Exercise Sign 43 (Sit-Fast Forward) and Exercise Sign 17 (Normal Pace) or the Finish.



**SIT  
LEAVE DOG**



#### ***44. SIT - LEAVE DOG - CALL TO HEEL WHILE MOVING.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed approximately 1.5 metres from sign A. The handler calls the dog to heel as he / she passes sign B. The dog rejoins the handler in heelwork and they then heel to the next exercise which must be a minimum distance of 3 metres away from Sign B.





# CALL TO HEEL WHILE MOVING



#### ***44. SIT - LEAVE DOG - CALL TO HEEL WHILE MOVING.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed approximately 1.5 metres from sign A. The handler calls the dog to heel as he / she passes sign B. The dog rejoins the handler in heelwork and they then heel to the next exercise which must be a minimum distance of 3 metres away from Sign B.

# LOOP AROUND DISTRACTIONS



## **45. LOOP AROUND DISTRACTIONS.**

This exercise requires two freestanding mesh covers which are placed approximately 1.5 metres apart as in Exercise 35. The distractions are placed under the covers to prevent a dog which breaks heel position from being rewarded from accessing the distractions. The distractions will be an empty bowl under one cover and a toy under the other.

The dog/handler team approach the sign on a straight line from the previous exercise with the first cover on their left, weave between the covers to loop the second cover on their right and weave back to exit with the first cover on their left. This is an about turn exercise.



***FINISH***

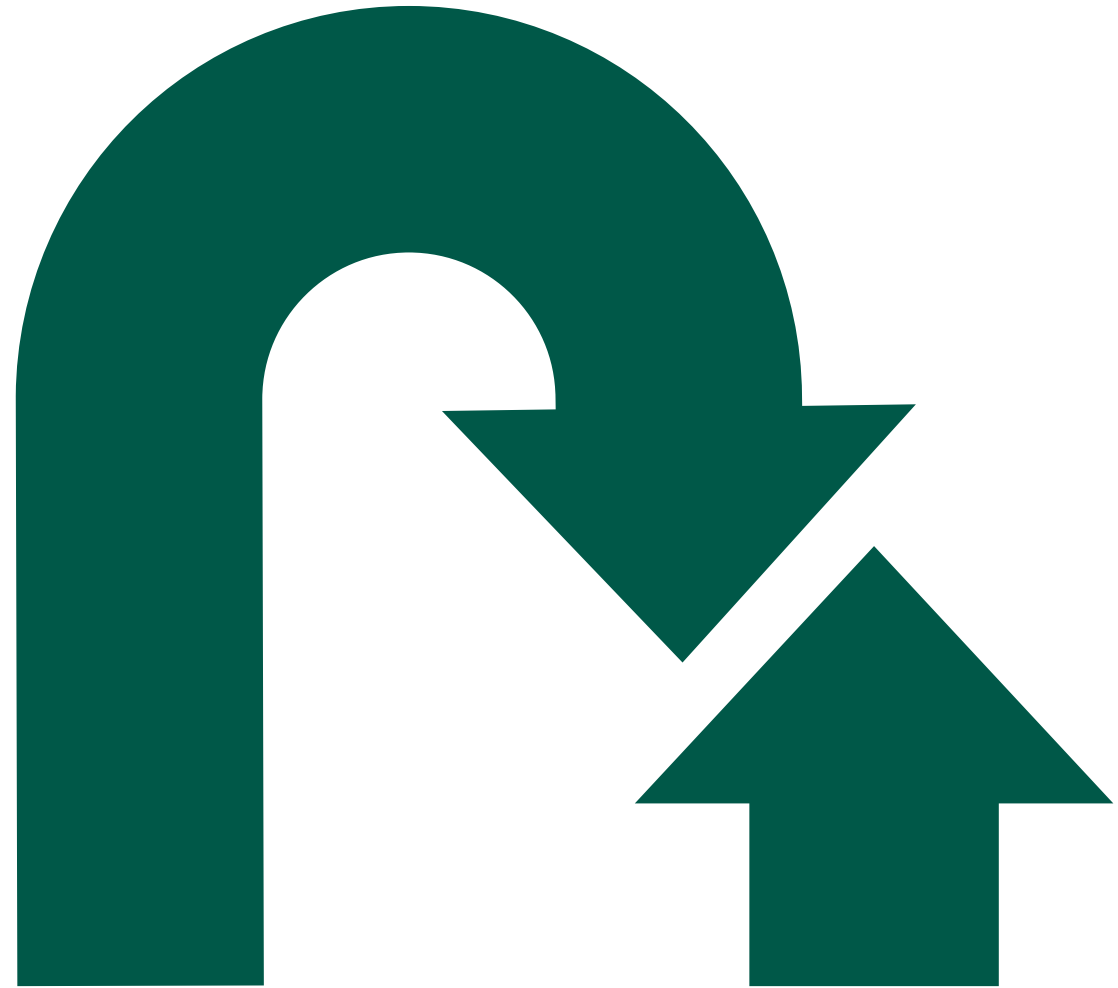


***BONUS***





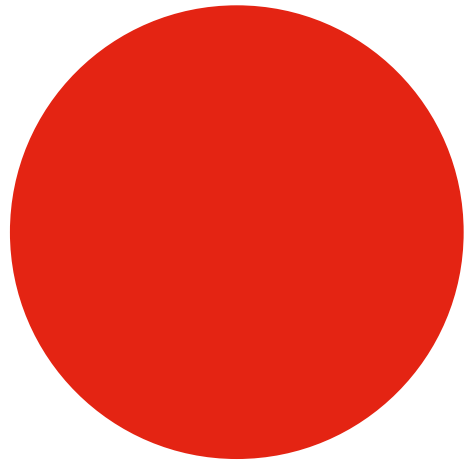
**CALL  
FRONT  
BACKUP  
3 STEPS**



## ***BONUS EXERCISE 6.***

### ***CALL FRONT - BACKUP 3 STEPS.***

The Call Front part of this exercise is performed as in Exercise 11. Once the dog is sitting in front, the handler cues the dog to backup. The dog may stand first and then back up OR the dog may backup from a sit. The dog may not sit while backing up. The dog walks backwards as the handler moves forward three steps. The dog must remain in the front position while backing up. There is no finish.



**SIT**  
**LEAVE DOG**



## ***BONUS EXERCISE 7.***

### ***SIT - LEAVE DOG - TURN - DOWN.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed approximately 2 metres away. The handler turns and faces the dog and cues the dog to down. The dog must not walk forward into the down. Once the dog is down the handler returns to the dog and stands at the heel position. The handler must return by passing the dog on the handler's right, turning around behind the dog and moving up into the heel position.

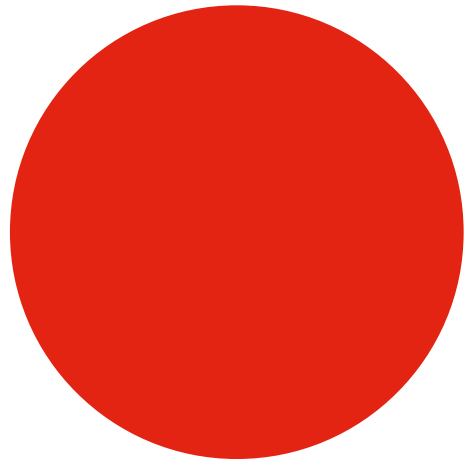


**TURN  
DOWN  
RETURN**

## ***BONUS EXERCISE 7.***

### ***SIT - LEAVE DOG - TURN - DOWN.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks to the second sign (B) which is placed approximately 2 metres away. The handler turns and faces the dog and cues the dog to down. The dog must not walk forward into the down. Once the dog is down the handler returns to the dog and stands at the heel position. The handler must return by passing the dog on the handler's right, turning around behind the dog and moving up into the heel position.



**SIT**  
**LEAVE DOG**



## ***BONUS EXERCISE 8.***

### ***SIT - LEAVE DOG - RECALL THROUGH DISTRACTIONS.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks 2 metres before passing through four freestanding mesh covers with distractions which are placed in a square pattern 1.5 metres apart and then continuing a further 2 metres to the second sign (B). At the second sign the handler turns and faces the dog before recalling it through the distraction square. The dog must ignore the distractions and come directly to the handler and sit in the front position. There is no finish.

The distractions are placed under the covers to prevent a dog from being rewarded for accessing the distractions. The distractions will be two empty bowls and two toys, placed at the judge's discretion. The toys and bowls do not need to match each other.





# RECALL THROUGH DISTRACTIONS



## ***BONUS EXERCISE 8.***

### ***SIT - LEAVE DOG - RECALL THROUGH DISTRACTIONS.***

This exercise requires two signs. At the first sign (A) the handler and dog stop with the dog sitting at heel. The handler walks 2 metres before passing through four freestanding mesh covers with distractions which are placed in a square pattern 1.5 metres apart and then continuing a further 2 metres to the second sign (B). At the second sign the handler turns and faces the dog before recalling it through the distraction square. The dog must ignore the distractions and come directly to the handler and sit in the front position. There is no finish.

The distractions are placed under the covers to prevent a dog from being rewarded for accessing the distractions. The distractions will be two empty bowls and two toys, placed at the judge's discretion. The toys and bowls do not need to match each other.